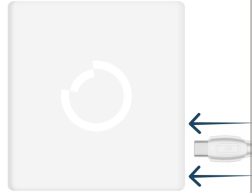


How to perform a test

1

It's a good idea to power cycle your COR One prior to performing a test. If it is plugged in, unplug it, then plug it in. The light will show yellow and turn blue when the wifi connects. Ready.

Make sure COR One is standing upright and level on a flat surface (e.g., a table).



2

Take a new single-use Mini Test Tube™, and identify the top cap (logo) and the bottom cap (QR code).



3

Rotate the top cap one full turn to loosen it, but do not remove it.



4

Completely remove the bottom cap and set it aside. This exposes the capillary tube.



5

Place the Mini Test Tube™ in the sample station ("the altar") as pictured.

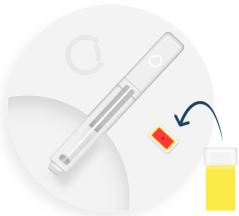
This frees up both of your hands for getting the blood sample.



6

Take a new single-use lancet. Remove the plastic cover.

Place it in the recess in the sample station, ensuring you do not touch the red surface, as this is the trigger.



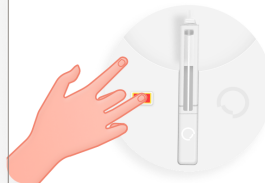
7

Wash your hands with soap and hot water for at least 60 seconds to improve blood circulation. Dry completely.



8

Trigger the lancet by pressing your middle or ring fingertip against it.



9

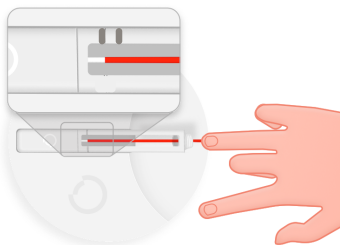
Massage the blood toward the fingertip using your opposite hand, as shown here. Continue until you have a drop about the size of a grain of rice.



10

Touch the blood drop to the tip of the capillary tube.

Repeat steps 9 and 10 until the blood reaches between the fill marks.



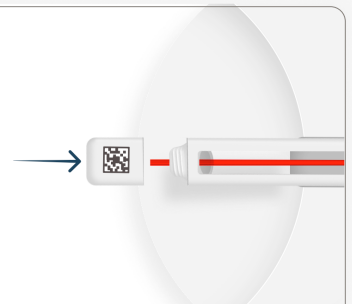
11

Dab excess blood on a piece of gauze or a tissue.



12

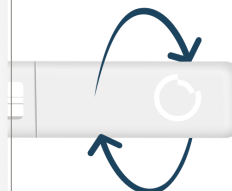
Leaving the test tube in the Sample Station, reinstall the bottom cap completely

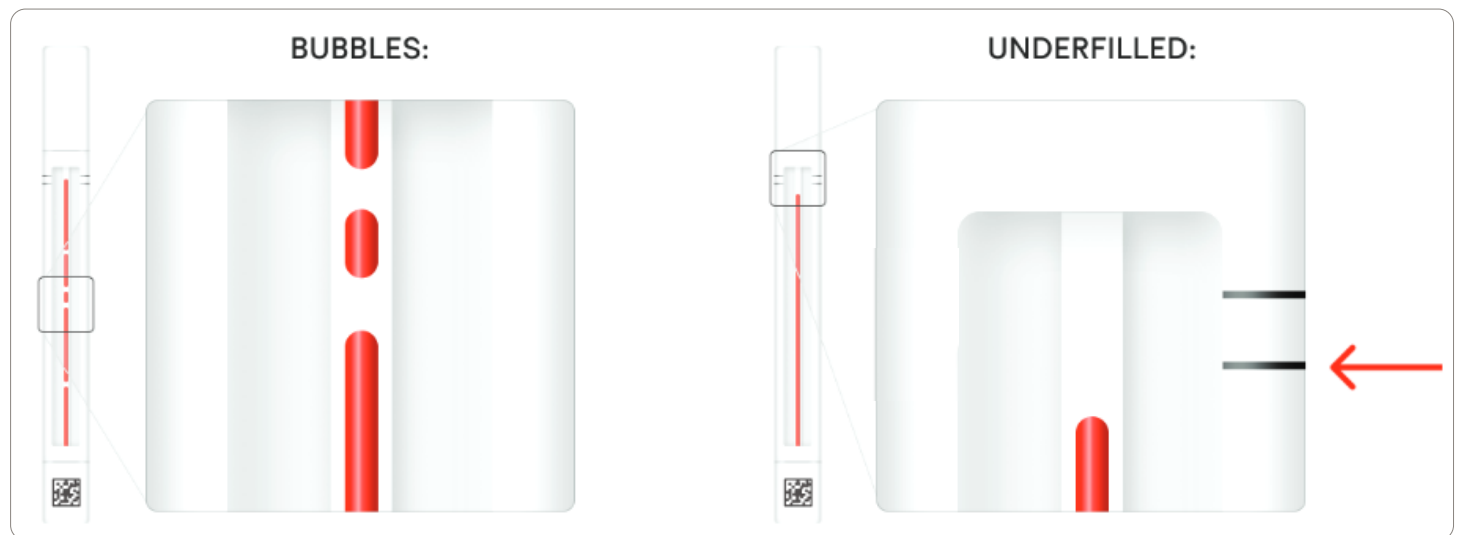
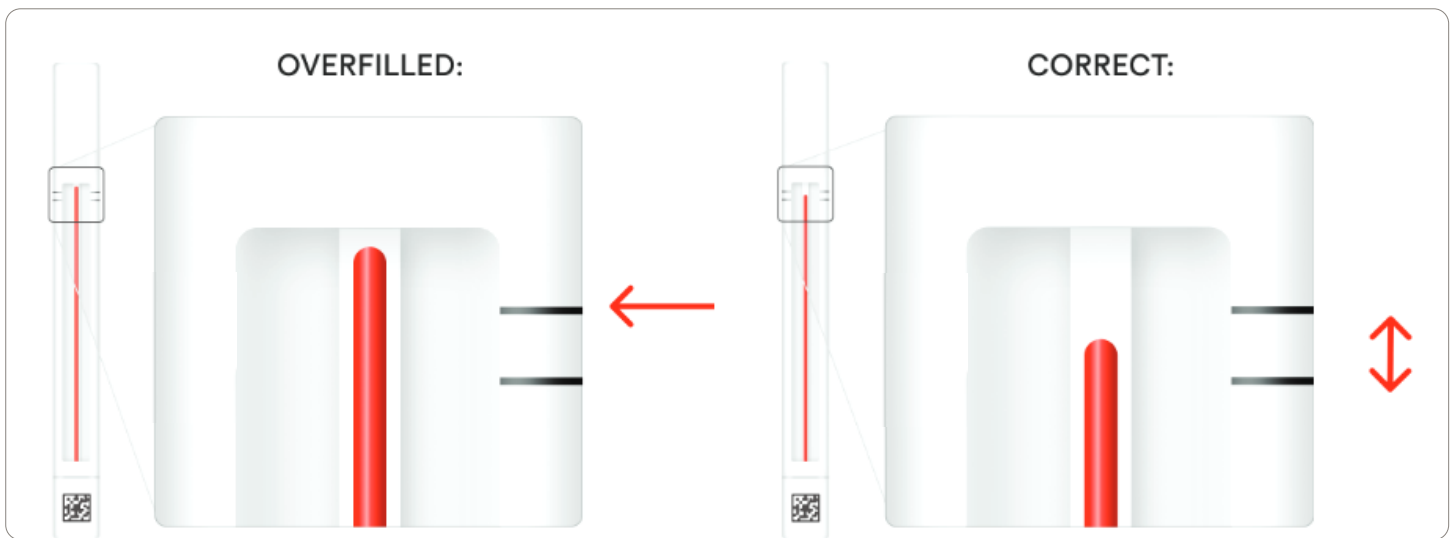


13

Keeping the test tube horizontal still, tighten the top cap completely.

After collecting blood, go to step 14 to put the Mini Test Tube™ into the COR One™ within 30 seconds.

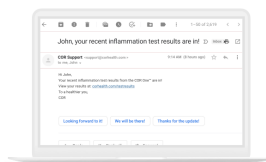




**FILLING ERRORS WILL NOT RETURN AN ESR RESULT.
YOUR ACCOUNT WILL GET A CREDIT FOR A
REPLACEMENT MINI-TEST TUBE**

14

Insert the Mini Test Tube™ fully, QR-code end first, into the COR One™. The light will turn green



You can walk away and let the test run. The COR One will analyze the sample for 30 minutes.

Check your email in 30 minutes to see your inflammation results!

When done, the light will blink green. You can discard the test tube and unplug the COR One now.

15

If you still have any issues or questions, please feel free to contact us at support@corhealth.com

Note: you can also find these instructions (and instructional videos) on-line by going to: corhealth.helpscoutdocs.com